

Washington Butterfly Association

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Common Butterflies of the Puget Sound Region and Their Food Plants - By David Droppers

Western Tiger Swallowtail (Papilio rutulus). Identification: Large. Yellow with black tiger stripes. Underside with some blue. Flight **Period**: mid April – late September, peak in June. Favorite Nectar Plants: Mock Orange, Milkweeds, Thistles, large showy flowers. Larval Host **Plants**: Native Willows, Quaking Aspen and other poplars, Red Alder



Anise Swallowtail (Papilio zelicaon) **Identification**: Large. Mostly black, centrally yellow, with row of blue dots on hindwing. Flight Period: late March – late September, peaks in May, July-August. Favorite Nectar Plants: Many flowers, mostly large and showy. Larval Host Plants: Garden Parsley and Dill, Angelica, Cow Parsnip, many others.



Purplish Copper (Lycaena helloides)

Identification: Top orange and brown, males with purplish sheen. Bottom tan with red zigzag. Flight Period: late April – mid October, peaks in May and August. Favorite Nectar Plants: Asters, Pearly Everlasting, Milkweeds, many composites. Larval **Host Plants**: Native and non-native docks and knotweeds.

Pine White (Neophasia menapia)

Identification: White with black forewing patch, black veins below. Flight Period: late June – early October, peak in August. Favorite Nectar Plants: Goldenrod,

Pearly Everlasting, Asters, Thistles. Larval Host Plants: Ponderosa Pine.

Lodgepole Pine, Douglas-Fir, among other conifers.



Identification: White, black wing tips and spots. Males have one spot, females two spots. **Flight Period**: early March – early November, peaks in May, July and

September. Favorite Nectar Plants:

Many, especially garden flowers, such as Oregano and Lavender. Larval Host Plants: Garden Brassicae, especially broccoli and cabbage.

Cedar Hairstreak (*Mitoura grynea*)

Identification: Small. Varying brown above, below buff brown with violet tint, variable white postmedian line, small tails on hindwings. **Flight Period**: late March – early August, peaks in May-June. Favorite Nectar Plants: Goldenrods, Yarrow,

Dandelion, Clovers, Red Flowering Currant.

Larval Host Plants: Western Red Cedar, Incense Cedar

Echo (Spring) Azure (*Celastrina echo*)

Identification: Small, males blue, females black and blue. Small gray crescents on ventral hindwing. **Flight Period**: late February – early October, peaks in April and August. Favorite Nectar Plants: Red Flowering Currant, Dandelions, Dogwood, early bloomers. Larval Host Plants: Red Oiser Dogwood, Salal, Ocean Spray



Brown Elfin: (*Incisalia augustinus*)

Identification: Small, brown, base of ventral hindwing mostly black. Males with slight reddish sheen in sun. **Flight Period**: mid March – late July, peak in May. **Favorite Nectar Plants**: Many of the larval host plants, other early blooming flowers. **Laval Host**

Plants: Kinnickkinnick, Ocean Spray, Salal

Mourning Cloak (Nymphalis antiopa) Identification: Unmistakable. Warm plum/brown, yellow fringe with blue spots. Flight Period: mid February – mid October, peaks in April, June, September. Favorite Nectar Plants: Red Flowering Currant, Asters, rotting fruit, tree sap. Larval Host Plants: Native willows, Poplars



Mylitta Crescent (*Phyciodes mylitta*)

Identification: Small, top mottled black and orange, bottom brown and cream. **Flight Period**: mid March – mid October, peaks in May and July-August. **Favorite Nectar Plants**: Thistles, other composite flowers. **Laval Host Plants**: Canada Thistles, other native thistles

Painted Lady (*Vanessa cardui*) Identification: 3 inches, mottled orange and black, with white forewing bar. Four eyespots below. Flight Period: early April – early November, peaks in May, July, September. Favorite Nectar Plants: Summer-blooming



composite flowers

Larval Host Plants: Thistles, Mallows, Pearly Everlasting

West Coast Lady (Vanessa annabella)

Identification: Like the Painted Lady, but with squared wing tips, orange forewing bar and blue spots on hindwings. **Flight Period**: early March – mid November, peaks in May, August and October **Favorite Nectar Plants**: Composites, Asters, Goldenrod, Dogbane. **Laval Host Plants**: Mallows, Nettles, and Hollyhocks

Red Admirable (Vanessa atalanta)
Identification: Brown base, broad red bands. Unmistakable in the Puget
Sound region. Flight Period: late
March – late October, peaks in July and
September. Favorite Nectar Plants:
Composite flowers, rotting fruit and tree sap. Larval Host Plants: Stinging
Nettles



Lorquin's Admiral (*Limenitis lorquini*) Identification: Unmistakable. Large, black with white bands and orange wing tips. Flight Period: mid February – early October, peaks in June-August. Favorite Nectar Plants: Larger flowers or spikes of tiny flowers, although not always common at flowers.



Larval Host Plants: Native Willows, Poplars, Ocean Spray

Woodland Skipper (Ochlodes sylavanoides)
Identification: Small, orange brown, yellow submarginal band "breaks." Flight Period: mid June – early October, peak in August Favorite Nectar Plants: Just about any flower that offers nectar. Larval Host Plants: Native and non-native grasses

