

Keystone Native Plants

Marine West Coast Forests – Ecoregion 7

Native plants have tight relationships with wildlife, formed over many thousands of years, providing natural sources of food, cover and places to raise young. Without healthy native plant communities, wildlife cannot survive. Every ecoregion has different native plant communities.

Keystone plants are native plants critical to the food web and necessary for many wildlife species to complete their life cycle. Without keystone plants in the landscape, butterflies, native bees, and birds will not thrive. 96% of our terrestrial birds rely on insects supported by keystone plants.

There are two types of keystone plants:



Host plants that feed the young caterpillars of approximately 90% of butterflies and moths (Lepidoptera).



Plants that feed specialist bees who only eat pollen from specific plants. Keystone plants for native bees feed both specialist and generalist bees.

Entomologist Dr. Doug Tallamy, and his University of Delaware research team have identified the keystone plants that support butterfly and moth species. Native host plants of pollen specialist bees were researched by pollinator conservationist Jarrod Fowler.

Top Keystone Plant Genera in Marine West Coast Forests - Ecoregion 7

A genus is a taxonomic category of plants that contains one or more species of plants with similar characteristics. Species within each genus have adapted to local conditions and are the appropriate native species or varieties suited to a specific ecoregion. To find species by zip code, check out the Native Plant Finder.

Plant type	Plant genus	Sample of common species (not all encompassing)	# of caterpillar species that use this as a host plant	# of pollen specialist bee species that rely on this plant
Trees	Quercus	Oregon white oak (quercus garryana)	436 💥	
	Prunus	Oregon cherry (prunus emarginata), chokecherry (prunus virginiana)	340 💥	
	Betula	Water birch (betula occidentalis), resin birch (betula glandulosa)	284 💥	
	Populus	American aspen (populus tremuloides), balsam poplar (populus balsamifera)	249 🛞	
	Acer	Rocky mountain maple (acer glabrum), bigleaf maple (acer macrophyllum), box elder (acer negundo)	238 🛞	
	Malus	Oregon crabapple (malus fusca)	237 💥	
	Pinus	Lodgepole pine (pinus contorta), ponderosa pine (pinus ponderosa)	200 🛞	
	Alnus	Grey alder (alnus incana), Sitka alder (alnus sinuata)	173 💥	
Shrubs	Salix	Shining willow (salix lasiandra), Scouler's willow (salix scouleriana), Sitka willow (salix sitchensis)	289 Ж	14 🙈
	Vaccinium	Dwarf bilberry (vaccinium caespitosum), alpine blueberry (vaccinium uliginosum)	217 🛞	14 🙈
Flowering perennials	Helianthus	Common sunflower (helianthus annuus), prairie sunflower (helianthus petiolaris)	49 🛞	50 🙈
	Solidago	West coast Canada goldenrod (solidago elongata), western goldenrod (solidago lepida)	49 💥	42 🙈
	Symphyotrichum	Eaton's aster (symphyotrichum eatonii), western mountain aster (symphyotrichum spathulatum)	3 %	33 🐔
	Grindelia	Idaho gumplant (grindelia nana), curlycup gumweed (grindelia squarrosa)	9 💥	31 🐔

Plant type continued	Plant genus	Sample of common species (not all encompassing)	# of caterpillar species that use this as a host plant	# of pollen specialist bee species that rely on this plant
Flowering Perennials continued	Rudbeckia	Western coneflower (rudbeckia occidentalis)	4 💥	29 🕭
	Heterotheca	Hairy false goldenaster (heterotheca villosa)	7 Ж	24 🕭
	Coreopsis	Plains coreopsis (coreopsis tinctoria)		22 🏝
	Bidens	Nodding bur-marigold (bidens cernua), devil's beggartick (bidens frondosa)		15 🗥
	Cirsium	Clustered thistle (cirsium brevistylum)		15 🧥
	Erigeron	Glacial daisy (erigeron glacialis), daisy fleabane (erigeron philadelphicus)		12 🕭



Top 30 Keystone Plant Genera for Butterfly and Moth Caterpillars

Genus	Common plant name	# of caterpillar species that use this as a host plant	
Salix	Willow	326	
Prunus	Almond, apricot, cherry, peach, plum	257	
Populus	Aspen, cottonwood, poplar	233	
Quercus	Oak	225	
Alnus	Alder	213	
Pinus	Pine	209	
Betula	Birch	204	
Malus	Apple	164	
Vaccinium	Blueberry, cranberry, deerberry	129	
Picea	Spruce	126	
Acer	Maple	125	
Abies	Fir	122	
Pseudotsuga	Douglas fir	122	
Tsuga	Hemlock	116	
Rubus	Blackberry, raspberry	101	
Ceanothus	Ceanothus	100	
Rosa	Rose	99	
Larix	Larch	87	
Crataegus	Hawtorn	85	
Amelanchier	Serviceerry	83	
Corylus	Hazel	75	
Fragaria	Strawberry	70	
Lupinus	Lupin	64	
Vitis	Grape	62	
Cornus	Dogwood	60	
Arctostaphylos	Bearberry, manzanita	60	
Fraxinus	Ash	57	
Spiraea	Meadowsweet, steeplebush	56	
Solidago	Goldenrod	54	
Artemisia	Sagebrush	53	



Top 30 Native Host Plants for Pollen Specialist Bees

Genus	Common plant name	# of pollen specialist bee species that rely on this plant
Ericameria	Goldenbush	20
Grindelia	Gumweed	20
Cirsium	Thistle	17
Solidago	Goldenrod	16
Salix	Willow	15
Erigeron	Fleabane	14
Helianthus	Sunflower	14
Heterotheca	Goldenaster	14
Astragalus	Milkvetch	13
Chrysothamnus	Rabbitbrush	13
Senecio	Ragwort	13
Gutierrezia	Snakeweed	12
Lotus	Bird's foot trefoil, deervetch	12
Cryptantha	Cryptantha	11
Encelia	Brittlebush	11
Phacelia	Phacelia	11
Chaenactis	Pincushion	9
Trifolium	Clover	9
Lupinus	Lupin	8
Machaeranthera	Tansyaster	8
Symmphyotrichum	Aster	8
Coreopsis	Tickseed	7
Hemizonia	Tarweed	7
Baileya	Desert marigold	6
Stephanomeria	Wirelettuce	6
Achillea	Yarrow	5
Arctostaphylos	Bearberry, manzanita	5
Camissonia	Suncup	5
Lasthenia	Goldfields	5
Ranunculus	Ranunculus	5